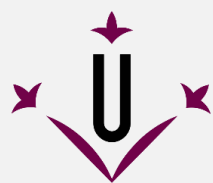




# PSI WELL NEWSLETTER

Erasmus+



**Universitat  
de Lleida**

## **June 25 – 29: Learning/Teaching/Training Activities Results**

The goal of this activities was to enable the project team to implement the psycho-educational intervention program designed to enhance wellbeing and to promote social inclusion for parents of disabled children.

The added value was emphasized by the following:

The activities provided a technical training for the trainers who are going to deliver training for parents.

The team project designed and presented a learning and development strategy that meets the learning needs of parents.

This activities created a network of trainers within the project.

The training of trainers generated an integrative learning environment for trainers to practice their skills so the delivering to the parents of children with SN to be without risks.

The international team of experts could be a resource for future international trainings in order to promote the Psycho-Educational and Social Intervention Program designed for parents of children with SN. We expected that our activities will ensure the transfer of knowledge and good practices and it will promote cooperation at the practicing level. The training will have an impact upon the trainees' skills so upon their future ability to contribute to the employing organization.

## Activity Description



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The course was provided by an international team of experts and was sustained at University of Lleida, our partner with more expertise in training within emotional education field. 24 specialists (4 from each country) were trained to deliver the parents' training program on social-emotional education.

They found out the strategies, methods and techniques to be used during the implementation of the training for parents. They were trained also how to use the assessment methodology.



### Training objectives:

- to learn and to apply skills that are useful in working with groups
- to develop skills for guiding participants at a group session
- to develop skills for drawing on the group's expertise, knowledge and experience
- to become aware of adult learning principles
- to develop skills for adjusting strategies and approaches to meet the learners' needs
- to develop skills for operating with trainer's manual elaborated within the project

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*Building Bridges: Promoting  
Social Inclusion and Wellbeing  
for Families*

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